



## **PSYCHOEDUCATIONAL ASSESSMENT INFO**

### **What is a psychoeducational assessment?**

A psychoeducational assessment is a series of standardized tests to determine an individual's intellectual ability, achievement levels, and social/emotional and behavioural functioning. These assessments are completed with children, adolescents, and adults to help identify underlying disabilities (e.g., learning disabilities, ADHD, associated

disorders) which may be impacting their academics, work, social, and their overall psychological well-being.

### **Who completes the assessments?**

These are completed by registered psychologists, not by medical doctors. These are typically done at their offices and often are completed over several days. Psychoeducational assessments are not completed at Infinity Pediatrics.

### **Why are psychoeducational assessments needed?**

Information gathered during the assessment can often lead to diagnoses such as learning disabilities. Whether a diagnosis is made or not, the information can

be used to identify what the individual needs to reach their potential. Reports provide recommendations to address special services/resources required within the home and school environments (e.g., individualized programming, assistive technology, extra time, access to specialized services). Assessment reports are often required to access certain services funded by the province or school boards.

### **How can I arrange testing for my child?**

It is best if testing can be arranged through the school. Typically, each school has funding for a few assessments a year. Unfortunately, this means that not all children who would benefit from testing will be eligible. If the school is not able to arrange this, the alternative is having the testing done privately. Often, parents will have some coverage for private psychology through their benefits. The prices can vary quite a bit, anywhere from \$1200-\$4000.