

# OUR MISSION

## North Okanagan Youth & Family Services

**Society (NOYFSS)** is a registered non-profit charitable organization.

## North Okanagan Youth & Family Services

**Society** provides a broad range of social programs reflecting the dynamic needs of our community that strengthen, nurture and protect the healthy development of our children, youth and families.



### FUNDED BY

The Ministry of Children & Family Development (MCFD)  
School District #22 Community Links Program  
ECD Coalition

### MEMBER OF

Federation of Child & Family Services of BC  
CSSEA

### IN PARTNERSHIP WITH

ARC Resources—Kelowna

### OTHER BENEFACTORS

City of Vernon  
Individual Donors

### ACCREDITED BY

Commission on Accreditation of Rehabilitation Facilities  
(CARF Canada)



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If you would like to contribute to our non-funded educational and skill-building groups, **North Okanagan Youth & Family Services Society** can provide a tax receipt for donations of \$10 and over.



North Okanagan Youth & Family Services Society



*the family place*  
Serving the Families of the North Okanagan Since 1974

# COMMUNITY BASED SERVICES

## FAMILY SUPPORT SERVICES

### FAMILY SERVICES

A family preservation program to increase the safety and well-being of families working with MCFD. Through in-home counselling, parents gain skills, improve relationships, and build community connections. Family Services is accessed through a referral from MCFD.

### MANAGING CONFLICT

Group sessions for women, men, and couples with a focus on managing our personal anger and conflict responses, understanding other family members during conflict, improving communication skills and creating new habits in resolving conflicts.

### ADHD PROGRAM

Educational program to support parents with children diagnosed or in the process of being diagnosed with ADHD. Education around behavior management, effective strategies with support to parents through one on one and group sessions.

### PERMANENCY PLANNING

For children/youth who are being placed for permanency through the Ministry of Children and Family Development. The Child and Family Counsellor supports permanency by:

- Helping the child understand the reasons that they came into the care of MCFD.
- Facilitating the Permanency Social Worker in finding a permanency plan.
- Working with the birth family, foster family and permanency family to create a transition that best supports the child/youth.

### SUPERVISED VISITATION PROGRAM

Provides a safe and supported family visitation experience. A Supervised Access Worker monitors visitation between parents and children. This program is accessed through a referral from MCFD.

### FAMILY BASED TREATMENT PROGRAM

A voluntary service for families of children/youth age 7-17 with a diagnosed mental health disorder. Service focuses on coping strategies, life skills, parenting ability, and emotional stability.

### CHILDREN AND YOUTH WITH SUPPORT NEEDS PROGRAM

For families who have one or more children diagnosed with diverse needs and/or autism spectrum disorder. This is a family-focused program that provides strategies that promote family wellness, advocacy and support with skill development.

### INTENSIVE FAMILY SUPPORT PROGRAM (IFSP)

A collaboration program developed with MCFD where reunification is the goal. IFSP program builds on the strengths of the family and develops clear and specific goals to support reunification. IFSP is accessed through referral from MCFD.

## YOUTH SERVICES

### PARENT TEEN CONFLICT

For families experiencing a high degree of conflict in parent teen relationships. Families can access a counsellor who offers consultation, education, mediation and support. This service is available for both parents and teens.

### YOUTH AGREEMENTS/INDEPENDENT LIVING

For youth who have been assessed and referred by MCFD who require counselling, life skills and support to live independently.

### YOUTH AT RISK

This service engages high risk youth and assists with connecting youth to existing community services.

### YOUNG PARENTS

A program for new and expecting parents age 24 and under who would like to strengthen family connections and learn about healthy pregnancy and parenting strategies.

### YOUTH JUSTICE

A program for youth on probation who have been referred by the courts. Services focus on life skills, community integration, recreation, education and employment support.

### SCHOOL-BASED OUTREACH

For students and families who encounter stressors at home that affect the student's ability to manage at school. Families are referred by the school based team in individual schools. Service is offered in the school and the family home.

## EDUCATIONAL GROUPS

### SKILL-BUILDING GROUPS FOR CHILDREN YOUTH AND ADULTS

NOYFSS is proud to offer a wide range of non-funded and funded educational and skill-building groups for children, youth, and adults. These programs and services are offered to the community at no cost to the participant, and ultimately strengthen families and create healthy and safe communities.

Groups are run on a regular basis throughout the year and group topics are always changing. Please refer to our website and group brochure to view what groups are currently available, and learn how you can support these initiatives.

## SPECIALIZED HOMES AND SUPPORT SERVICES

### MARA HOUSE TREATMENT CENTRE

Mara House is a family-oriented, specialized home for referred children age 6 to 16. Parents and caregivers meet with a multi-disciplinary team, including a Clinical Family Specialist/Specialized Clinical Consultant and community professionals. Mara House is in operation 24 hours a day, 365 days a year in accordance with the Interior Health Community Care Facility Act. Access to Mara House is done through the Resource Team at the Ministry of Children and Family Development (MCFD).

### SAGE HOUSE

Sage House is a secondary 4 bed assessment and stabilization program for children and/or youth who meet the provincial mandate of the Children and Youth with Complex Care Needs (CYCCN) System of Care. Children/youth referred to this program must be between the ages of 7 and 16 and in the care of the Ministry of Children and Family Development. Through a collaborative approach with a Provincial Outreach Clinician, a positive behaviour support plan is created to stabilize the child/youth's behaviour. The Provincial Outreach Clinician works with the identified caregiver to adapt the child's day-to-day living environment for continued success. Referrals are made through your local MCFD social worker and Children and Youth with Complex Care Needs provincial screening process.



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