

**Teenagers
13-17 years old
Main Concern**

If patient has a clear diagnosis of ADHD or Anxiety, and family **DOES NOT** want medication then **DO NOT** refer back to Pediatrics to review.

Suspected Autism Spectrum Disorder (ASD)

Refer **FIRST** to IHCAN & PEDIATRICS

Family can obtain privately through BCAAN certified psychologist

Behaviour Concerns

CYMH, Family Resource Centre, Kelty Mental Health, NOYFSS

SCAN clinic referral if suspected abuse

Still Concerned?
REFER TO PEDIATRICS

Depression & Anxiety

CYMH, Family Resource Centre, Kelty Mental Health, NOYFSS

Still Concerned?
REFER TO PEDIATRICS

School Concerns

LEARNING?
(We do **NOT** do learning assessments)

Psychoeducational testing (private or through the school)

ADHD?
Concerns and considering medication
REFER TO PEDIATRICS

IHCAN: Interior Health Children's Assessment Network
CYMH: Child and Youth Mental Health
OAC: Okanagan Ability Centre
SCAN: Suspect Child Abuse and Neglect Clinic
NOYFSS: North Okanagan Youth & Family Services Society
BCAAN: BC Autism Assessment Network

When to refer to psychiatry:
-suspected bipolar disorder
-suspected schizophrenia
-suspected personality disorder
-substance use disorder and addictions
-conduct disorder
-multiple psychiatric comorbidities

* Age 6 and over can be referred directly to IHCAN or BCAAN certified psychologist and do NOT necessarily need to see a pediatrician.

**Consider contacting COMPASS Mental Health if mental health/behavioural concerns