

Step “ONE”: A tip sheet for families

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- **OBSERVE**

- Watch your child
- What does he or she like to look at / listen to / play with?
- What makes your child smile or laugh?

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- **NOTICE**

- What are the characteristics of the activities your child enjoys?
- Sounds, music, lights, pressure, taste, cause-effect

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- **ENGAGE**

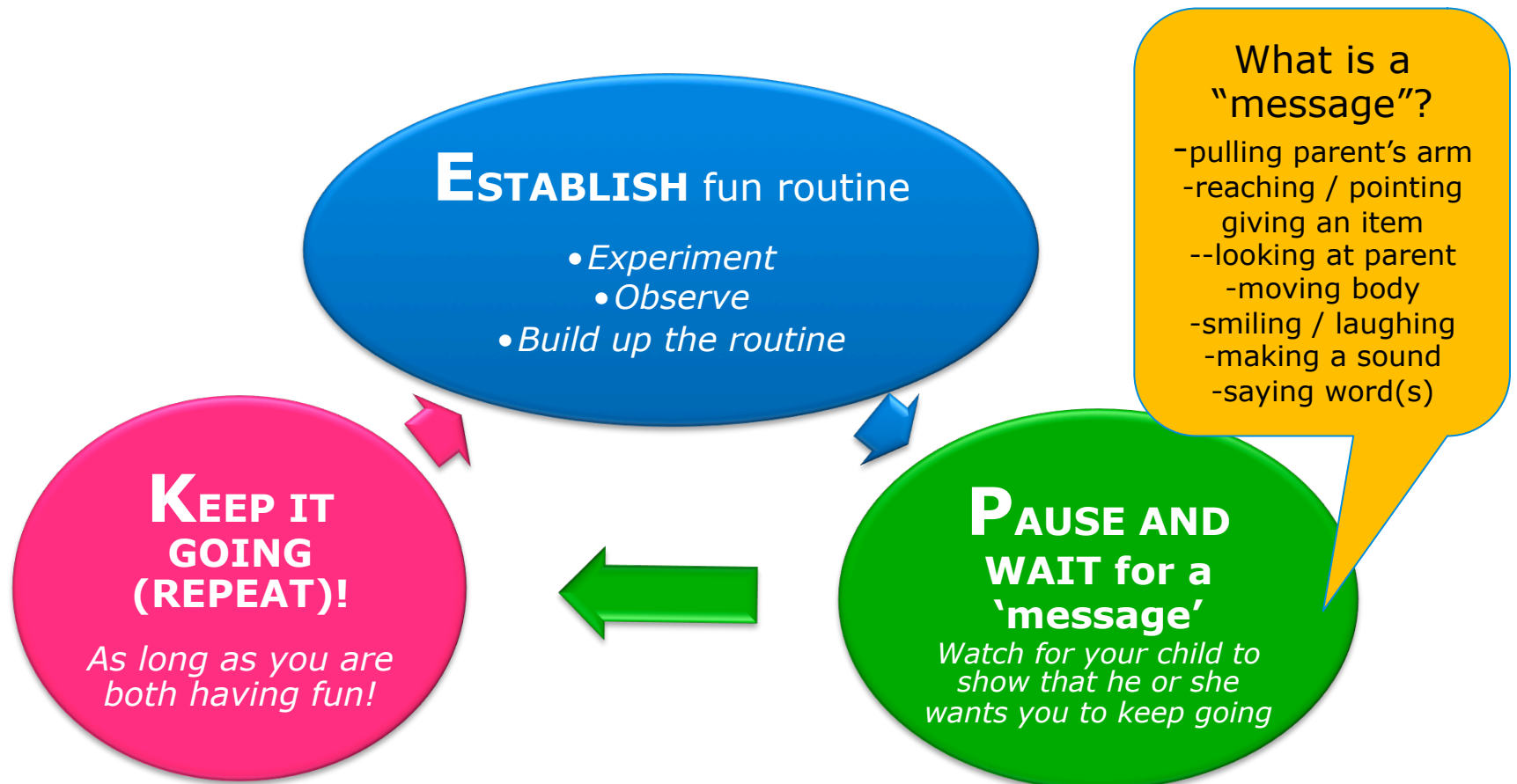
- Get involved: Build routines using these preferred activities
- Try new things: Be silly, playful, include subtle variation
- Use playful routines to build relationships and communication
- **Be ‘epic’ (EPK): Establish a fun routine → Pause & wait for child to send a message to ask you to continue the routine → Keep it going (repeat)!**

Establish
Routine

Pause &
Wait

Keep it
going!

Building social-communication through social routines: Be 'epic' (EPK)



Developed by JA Brian
Holland Bloorview
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No boundaries

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